

# Hinor Kica

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## Personal data

**Faculty:** Faculty of Physical Education

**Academic title:** Assoc. Prof. Dr.

**Email:** [hyjnor.kica@unite.edu.mk](mailto:hyjnor.kica@unite.edu.mk)

### *Languages*

#### **Native Language:**

Albanian

#### **Foreign Language(s):**

English - Intermediate (B1)

Macedonian - Advanced (C1)

Croatian - Advanced (C1)

Serbian - Advanced (C1)

Turkish - Beginner (A1)

### *Education*

#### **December 2011 - July 2013: PhD**

**University:** Cyril and Methodius University of Skopje

**Faculty:** Faculty of Physical Culture

**City:** Skopje

**Thesis:** The effects of a sixteen-week training process for developing the explosive force of the lower limbs of basketball players at 16-17 years old

#### **September 2000 - April 2003: Master**

**University:** University of Prishtina

**Faculty:** Faculty of Physical Education

**City:** Prishtina

**Thesis:** The bond between some anthropometric characteristics and explosive forces of young basketball players 14-15 years old

#### **June 1987 - June 1993: Bachelor**

**University:** University of Prishtina

**Faculty:** Faculty of Physical Education

**City:** Prishtina

**Thesis:** The method of learning to shoot the ball in to the basket.

### *Work experience*

#### **September 2003 - present: Assoc. Prof. Dr.**

University of Tetova  
Tetova